

# The Woodland Way

## Program Standards

At practice, during competition and around the school and community... we are always on the

### At Practice...

- Push yourself and your teammates to get better every single day!
- Embrace mistakes as opportunities for growth
- Practice with a purpose
  - Be receptive to feedback
  - Set goals (individual and team)
  - Outwork anyone we'll ever face



**GRIT**  
**SERVICE**  
**UNITY**  
**INTEGRITY**  
**PRIDE**



### During games...

- Play one way – regardless of score
  - All out, with class and as a TEAM
- Exhibit “earned confidence”
- Entire team engaged and in the moment
- Recover quickly from mistakes
  - Play FEARLESS
  - Support teammates

### At school and around the community...

- Servant Leadership
  - give back... be helpful, caring and kind
- Live by the Golden Rule
- Represent WHS Athletics in positive fashion – Beaver Pride!
- Be a STUDENT-Athlete

***Woodland Athletics strives to maximize the potential of our athletes and programs through a constant emphasis on effort, attitude, growth - and living by the Woodland Way.***